

## **Failing to See How Long Reconciliation Takes**

**It's natural that parents going through an estrangement would like it to be over as quickly as possible. Unfortunately, it takes as long as it takes, and typically that's a long time. Your estranged child is on a different time horizon than you, influenced by sometimes many things that are completely, or mostly outside of your control.**

**Those agents of influence may also be outside of the adult child's conscious awareness such as when they're being unduly influenced by their spouse or your ex; by their mental illness or their addictions.**

**It also takes time for parents to learn how to communicate in such a way to get their adult child's attention and interest, something that we'll be spending a great deal of time covering in our upcoming series.**

**However, sometimes it takes time simply because the estranged child needs more time to separate, to mature, to feel like a fully fledged adult, capable of navigating the sometimes challenging world of normal parent-adult child relationships.**

**Either way, pressuring your adult child to reconcile before they're ready, however irrational their complaint, will typically backfire rather than persuade them to communicate in a better way.**